



# Lilah Warren

Our Spirit of 26 Nominee is Lilah Warren.

Lilah joined Valley Echoes, then Greenheart Chorus, in early 2010. Lilah had been singing her entire life including in various shows, church choirs and quartets and had raised 3 very musical children. She came to check us out and was hooked!

Lilah epitomizes what it means to be a Sweet Adeline. She is always ready to help with whatever task is at hand. She has served on the Management Team and is currently our hospitality specialist for all of our shows and gatherings. She knows how to put on a tea! When we couldn't meet in person, Lilah was at the Zoom rehearsals with her smile and encouragement to all. When we had to meet in a park, Lilah was there along with her husband who was suffering from dementia. Although he is no longer with us, we will never forget their dancing at our retreats. At the young age of 84, this busy mother, grandmother and great grandmother has just joined a quartet and is looking forward to possibly competing in 2024.

Lilah is welcoming to newcomers, encouraging to those who struggle and greets everyone with the most heartwarming smile. She is a loyal friend and hardworking singer and chorus member and we are proud to honour Lilah with the 2023 Carol Poole Spirit of 26 Recognition.

Valley Echoes Chorus

